



## SIZING CHART - 2019

MENS	XS	S	M	L	XL	2XL	3XL	4XL
CHEST	84	89	94	99	104	109	114	119
WAIST	72	77	82	87	92	97	102	107
HIP	81	86	91	96	101	106	111	116
SEAT	90	95	100	105	110	115	120	125
THIGH	55	57	59	61	64	67	70	73
CALF	36	37	38	39	40	41	42	43
BICEP	27	29	31	33	35	37	39	41
INSEAM	80	81	82	83	84	85	86	87

LADIES	XS	S	M	L	XL	2XL	3XL
CHEST	78	83	88	93	98	103	108
WAIST	62	67	72	77	82	87	92
HIP	77	82	87	92	97	102	107
SEAT	87	92	97	102	107	112	117
THIGH	52	54	56	58	61	64	67
CALF	33	34	35	36	37	38	39
BICEP	23	25	27	29	31	33	35
INSEAM	76	77	78	79	80	81	82

### Sizing tips:

- 1 All of our shirts are designed to be tight fitting (no excess material) so if a rider prefers a looser fitting garment he or she should size up.
- 2 The increase between sizes is gradual (i.e. if you like a very loose fitting garment and you are at the top end of a size it may be better to go two sizes up)  
Very few people fall into an exact size when looking at the detailed measurements. The most important
- 3 measurements to look at are the chest and waist. If you are above or close to the limit of either of these measurements it is unlikely the shirt will fit or it will feel too tight. Don't take a chance!!!
- 4 If riders are still unsure we have a full size curve at our offices based in Cape Town where riders can come and fit.
- 5 Riders can also give us a call to talk through their sizing decision. We size people on a daily basis so we should be able to assist if riders are unsure.

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